



# PRECINCT ONE NEWS

Roy Charles Brooks  
Tarrant County Commissioner

## MESSAGE FROM COMMISSIONER ROY CHARLES BROOKS

Greetings Friends and Neighbors,

We are excited to announce our 4<sup>th</sup> Annual Healthy Lives Matter Alzheimer’s Education Seminar which will be held on Saturday, August 17, 2019 at Tarrant County College Trinity River Campus.

We are proud to partner with the Alzheimer’s Association North Central Texas Chapter and have invited experts to speak on topics that are designed to provide peer support and resources to family caregivers as well as healthcare professionals in Tarrant County. This seminar will provide insights into Alzheimer’s disease progression and offer practical solutions for coping with challenging situations. We will once again showcase the Dementia Live Experience as well as offer continuing education to healthcare professionals. We are looking forward to another successful event!

I would like to thank you for your continued support of our activities in Tarrant County Precinct One. I am truly honored to have the opportunity to represent you. Coming together is a beginning, keeping together is progress, and working together is success. Together we are stronger and establish a longer reach for a more effective and impactful outcome.

If you are interested in submitting an article, please email [pct1@tarrantcounty.com](mailto:pct1@tarrantcounty.com). We would love to share your event or news with our readers.

As always, may God continue to bless the work of your hands.

Sincerely,

Roy Charles Brooks

*“Service is the rent you pay for the air you that you breathe.”*

*- Dr. Marion J. Brooks*



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**SAVE-THE-DATE**  
**#HLM**  
4th Annual Alzheimer’s Education Seminar  
**WHEN** 08.17.19  
**WHERE** TCC Trinity River Campus



TARRANT COUNTY **AZ** to

A guide to the departments and services provided by Tarrant County Government

**LEARN WHAT COUNTY GOVERNMENT DOES**

# **TRANSPORTATION UPDATE**

Tarrant County Precinct One Field Operations maintains over 190 miles of unincorporated roads and partners with our seven municipalities and three school districts through interlocal agreements to repair the city streets.

## SNAPSHOT OF FISCAL YEAR 2018/2019:

**The Precinct One Field Operations take great pride in serving our Community.**

### County Roads

Completed 3.35 Miles, 17,710.4 feet of road maintenance

### Interlocal Agreements (ILA)

Seven (7) ILAs scheduled to be completed in the 2018/2019 FY.

1,148,573 square feet of Project Roadways and Parking lots.

To date, One ILA Completed, Three ILA's currently working.

### Culvert and Drainage

Completed 46 Installations

### Crack sealing

Completed 33 Projects

### Right of Way (ROW) Mowing

190 Miles of Unincorporated Road, completing 189 Tasks

### Signs

Maintenance and oversight of 2,369 Signs (263 Installed and repaired signs and 133 supports)

### Administrative Team:

Responsible for our record keeping and reporting requirements.

Completed over 3,024 Tasks

### Equipment Maintenance

Responsible for the maintenance of our equipment.

### Complex Maintenance

Responsible for the building and ground maintenance

**The Precinct One Field Operations take great pride in serving our Community.**



**800 E. Rendon Crowley Road**  
**Burleson, Texas 76028**  
**817-615-4050**



## Programs & Services

-  Energy Bill Payment Assistance
-  Economic Independence Coaching
-  Energy Efficiency (Service & Repair)
-  CAPWorks Employment Readiness Program
-  Energy Conservation Workshops
-  Emergency Rental Payment Assistance
-  Volunteer Income Tax Assistance
-  Rising Stars Youth Leadership Academy
-  Holiday Programs for Youth & Seniors
-  Veterans Assistance
-  SmartFlush Toilet Program
-  Financial Literacy

Offices open from 8:30 a.m. – 5:00 p.m.  
Monday through Friday.



# Community Action Partners

Serving all of Tarrant County

## Making a Difference in our Community

The City of Fort Worth's Community Action Partners (CAP) serves as the Community Action Agency for Tarrant County and provides comprehensive services to economically disadvantaged individuals, families and the elderly.

CAP, a section of the Neighborhood Services Department, receives

Community Services Block Grant (CSBG) funds and Comprehensive Energy Assistance Program (CEAP) funds.

CAP works with families & individuals to help them overcome barriers to achieve self-sufficiency.

## Community Action Partner Centers

**Andrew "Doc" Session**  
201 S. Sylvania Ave.  
Fort Worth 76111

**Northside**  
1100 NW 18<sup>th</sup> St.  
Fort Worth 76164

**Worth Heights**  
3551 New York Ave.  
Fort Worth 76110

**Como**  
4900 Horne St.  
Fort Worth 76107

**North Tri-Ethnic**  
2950 Roosevelt Ave.  
Fort Worth 76106

**Arlington**  
401 W Sanford St.  
Suite #2700  
Arlington 76011

**Martin Luther King Jr.**  
5565 Truman Dr.  
Fort Worth 76112

**Southside**  
959 E. Rosedale St.  
Fort Worth 76104

## 3 Ways to Apply for our Services

- 1) Set an appointment by calling (817) 392-5790,
- 2) Download and mail the application or
- 3) Apply online at [FortWorthTexas.gov/CAP](http://FortWorthTexas.gov/CAP)



*Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live.*



# Guide to Summer Camps and Activities for Kids!



TCC College  
for Kids



Camp BRIT



Modern Art  
Museum



Kimbell Art



YMCA



Camp Fort Worth



Camp Fire



The First Tee  
of Fort Worth

# Let's talk about Melanoma Cancer

What is Melanoma? Considered the most serious type of skin cancer, Melanoma Cancer develops in the cells (melanocytes) that produce melanin — this is pigment that gives your skin its color. Did you know Melanoma can also form in your eyes? In rare occasions it can also form in internal organs, such as your intestines.

What is the cause? The exact cause of all melanomas isn't clear. What is known is that exposure to ultraviolet (UV) radiation from sunlight or tanning lamps and beds increases your risk of developing melanoma. Therefore, by limiting your exposure to UV radiation, you can help reduce your risk of melanoma.

## What can we do to prevent Melanoma?

You can reduce your risk of melanoma and other types of skin cancer if you:

- **Avoid the sun during the middle of the day.** In North America, the sun's rays are strongest between about 10 a.m. and 4 p.m. Schedule outdoor activities for other times of the day, even in winter or when the sky is cloudy.

You absorb UV radiation year-round, and clouds offer little protection from damaging rays. Avoiding the sun at its strongest helps you avoid the sunburns and suntans that cause skin damage and increase your risk of developing skin cancer. Sun exposure accumulated over time also may cause skin cancer.

- **Wear sunscreen year-round.** Sunscreens don't filter out all harmful UV radiation, especially the radiation that can lead to melanoma. But they play a major role in an overall sun protection program.
- **Use a broad-spectrum sunscreen with an SPF of at least 15.** Apply sunscreen generously, and reapply every two hours — or more often if you're swimming or perspiring. The American Academy of Dermatology recommends using a broad-spectrum, water-resistant sunscreen with an SPF of at least 30.

- **Wear protective clothing.** Sunscreens don't provide complete protection from UV rays. So cover your skin with dark, tightly woven clothing that covers your arms and legs and a broad-brimmed hat, which provides more protection than a baseball cap or visor does.

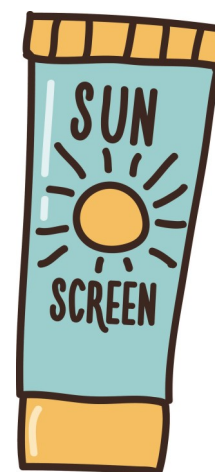
Some companies also sell photoprotective clothing. A dermatologist can recommend an appropriate brand.

Don't forget sunglasses. Look for those that block both types of UV radiation — UVA and UVB rays.

- **Avoid tanning lamps and beds.** Tanning lamps and beds emit UV rays and can increase your risk of skin cancer.
- **Become familiar with your skin so that you'll notice changes.** Examine your skin regularly for new skin growths or changes in existing moles, freckles, bumps and birthmarks.

With the help of mirrors, check your face, neck, ears and scalp. Examine your chest and trunk and the tops and undersides of your arms and hands. Examine both the fronts and backs of your legs and your feet, including the soles and the spaces between your toes. Also check your genital area and between your buttocks.

**THIS SUMMER  
DON'T FORGET  
TO USE YOUR  
SUNSCREEN.**







# COMMUNITY CALENDAR

- June—July.....[Girls Inc. of Tarrant County Classes and Camps](#)
- June 6.....[Fort Worth Movies That Matter: Breaking the Silence](#)
- June 7—June 28.....[City of Crowley Presents Movies in the Park](#)
- June 8 .....[Free Saturday Fitness](#)
- June 11 .....[Picnic in the Park](#)
- June 13—December 5.....[Heroes of Hope Tours](#)
- June 14.[City of Burleson Hot Sounds of Summer Concert Series featuring “Windbreakers”](#)
- June 15—September 14.....[Free Summer Yoga](#)
- June 15 .....[Juneteenth Parade and Festival](#)
- June 20 .....[Familia Fest 2019](#)
- June 21—June 23 .....[Ballet Concerto Summer Dance Concert](#)
- June 22 .....[16th Annual Fort Worth Housing Summit](#)
- June 22.....[HWNT Salsa Cook Off](#)
- June 27.....[Fort Worth Hispanic Chamber of Commerce’s The Business Forum](#)
- June 29.....[City of Burleson Texas Heritage Festival](#)
- July 3.....[Safe Swim Program, Fort Worth Drowning Prevention Coalition](#)
- July 4 .....[Fort Worth’s Fourth](#)
- July 6.....[Crowley Celebration of Freedom](#)
- July 6—August 10 .....[Rockin’ The River, Live on the Trinity](#)
- July 17.....[Fort Worth Museum of Science and History Discovery Lab](#)
- July 18 .....[3rd Thursday Jazz: Paul Unger Quartet](#)
- July 19.....[Movies at the Museum, A River Runs Through It](#)
- August 17.....4th Annual Healthy Lives Matter Alzheimer’s Education Seminar

TCC, Trinity River Campus



**ROY CHARLES BROOKS**  
Commissioner  
Precinct One

**ADMINISTRATIVE OFFICES**

Miller Avenue Administrative Bldg.  
3500 Miller Avenue  
Fort Worth, TX 76119  
Phone: (817) 531-5600

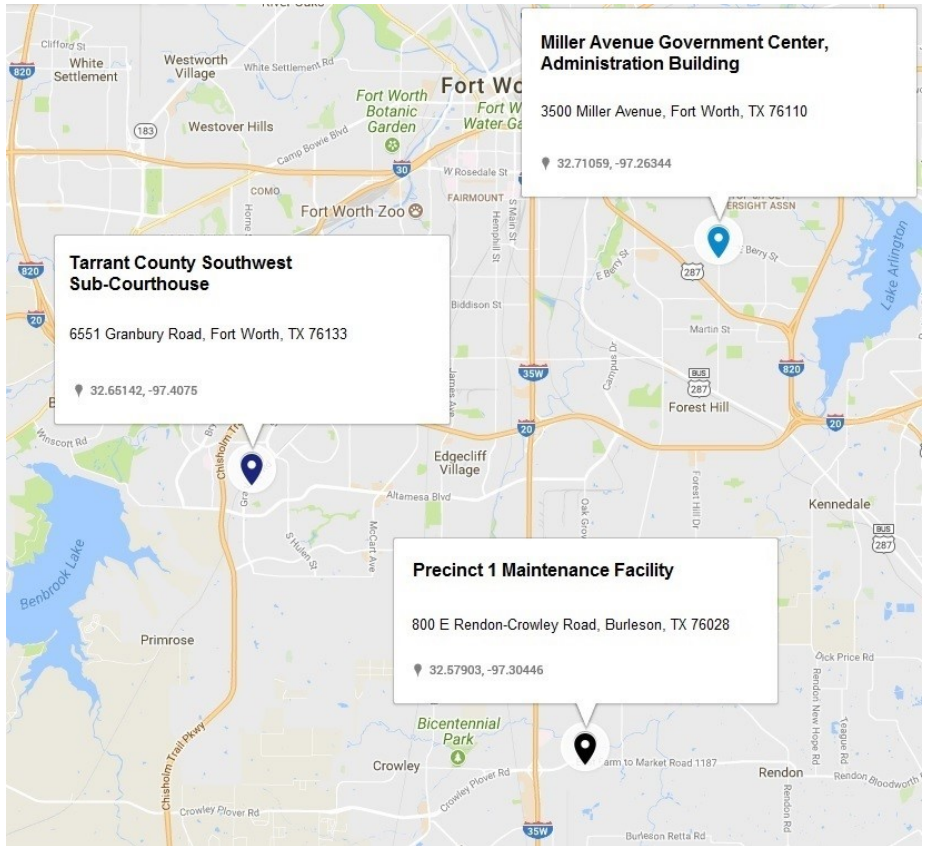
Southwest Sub-Courthouse  
6551 Granbury Road  
Fort Worth, TX 76133  
Phone: (817) 370-4500

Maintenance Facility  
800 E Rendon-Crowley Road  
Burleson, TX 76028

**EMAIL**



**STAY CONNECTED**



**OUR ADMINISTRATIVE TEAM**

**Roderick Miles, Jr.**  
Executive Administrator of Programs and Outreach

**Jeanette Martinez**  
Executive Administrator of Administrative and Constituent Services

**Amanda Applon**  
Community Outreach Coordinator

**Leon Polk**  
Assistant Precinct Administrator

**Stephanie D. Thompson**  
Office Administrator

**Michelle Polemeni**  
Office Administrator

