

Vendors

911 Data Services of Texas	Home Helpers/Direct Link
AARP	Legal Aid of NW Texas
Aging & Disability Resources Center of Tarrant County	Lift Aids, Inc.
Alzheimer's Association	Lucas Funeral Homes
Area Agency on Aging of Tarrant County	Meals on Wheels/Neighbor Helping Neighbor
Area Senior Centers	Meadow Lakes Retirement
Autumn Leaves	Merrill Lynch
Back in Motion Family Chiropractic	MetLife Reverse Mortgage
Bankers Life & Casualty	Metroport Meals on Wheels
Bishop Davies Nursing Centers/Bishop Hospice	Mid-Cities Care Corps
Brazos Valley Spring Water	Protenium Clinical Research
BrightStar Care	Radiology Associates
Blue Bonnet Hills	RANjAM, LLC
C & B Medical, Inc.	Richland Hills Nursing & Rehabilitation Center/ Mimosa Manor
City of Euless	Senior Citizen Services of Greater Tarrant County, Inc.
Colleyville Lions Club	Social Security Administration
Comfort Keepers	Social Transportation for Seniors
Community Enrichment Center	Tarrant County College Senior Education
Community Storehouse	Tarrant County Credit Union
Congressman Kenny Marchant	Tarrant County District Clerk
Conservatory Senior Living	Tarrant County Election
David B. Nelson - Attorney At Law	Tarrant County Public Health
Dept. of Aging & Disability Service (DADS)	Tarrant County Tax Assessor/Collector
Dove Chiropractic Health Center	Texas AgriLife Extension Service
Evercare By United Healthcare	Thrivent Financial
Evergreen at Keller	Walgreen's Pharmacy
GRACE	

Vendor list as of September 23, 2010.

Sponsored by



Carter BloodCare

Office Depot Community Enrichment Center

Tarrant County Credit Union Wells Fargo Bank

2ND ANNUAL EMPOWERING SENIORS 2010



Presented by Commissioner Gary Fickes, Precinct 3
and the Northeast Senior Task Force



**Friday, October 1, 2010
8:30 a.m. - 1:30 p.m.**

**FBCE Campus West
209 N. Industrial Blvd., Bedford, TX 76021**

EXPO

Entertainment ~ Door Prizes ~ Goodie Bags !

Health Screenings

Blood Pressure

Baylor Regional Medical Center Grapevine

Vision

Colleyville Lions Club

PSA (prostate) Screening

John Peter Smith Hospital

Bone Density

Texas Health Harris Hospital

Healthy Back & Neck Questionnaire

Spine Team Texas

Diabetes/Blood Glucose Screening

North Hills Hospital

Free Flu Shots with Medicare card

Walgreen's Pharmacy



Agenda

- 8:30 - 9:30 a.m. Continental Breakfast/
EXPO open
- 9:30 -10:10 a.m. First series of seminars/
EXPO open
- 10:10 -10:30 a.m. EXPO open, break, door
prize drawings
- 10:30 -11:10 a.m. Second series of
seminars/ EXPO open
- 11:10 -11:45 a.m. EXPO open, box lunches,
door prize drawings
- 11:45 -12:25 p.m. Third series of seminars/
EXPO open
- 12:25 - 1:30 p.m. EXPO open/door prize
drawings
- 1:30 p.m. EXPO Ends

Commissioner Gary Fickes believes that awareness of services and opportunities available in Northeast Tarrant County is important to the health and welfare of our seniors.

Thank you for attending. We look forward to seeing you next year.

Have a great day!

Workshops

Your Best Brain Now!

Dr. Susan Franks - UNT Health Science Center

Medicare 101/Understanding Social Security

Tom Williamson and Tom Clark

Current Strategies in Prevention of Cardiovascular Disease

Dr. Stephen Buksh - Texas Health Harris

Heart Smart Cooking Demonstration

Chef Ben Bates and Erin Donovan - Baylor Regional Medical Center Grapevine

ID Theft & Fraud

Tim Tramel

Matter of Balance/Texas Healthy Lifestyles (Chronic Disease Management/ Diabetes)

Jennifer Severance, PhD and Sandy Strachan

Legal, Financial & Long-Term Care Panel

Patty Poma, Joni Balamut and Pam Brandon

Breast Cancer Awareness

Rosario Aguayo, RN - John Peter Smith

Just the Facts: Recent and Upcoming Medicare Changes

Christina Bartha

Training for a Watchdog Nation

Dave Lieber

Bone and Joint Replacement

Dr. Thomas M. Carrell - North Hills Hospital

Planning for Retirement Panel

Peggy Glenn, Joyce Hanstrom-Parlin, and Earl Armstrong

Communicating with Healthcare Providers

Pam Brandon and Beth Noah

The Latest Treatment Options for Neck & Back Pain

Dr. Leonard Kibuule - Spine Team Texas

Building and Protecting Your Assets

Doug Roberts and Dora Ramirez