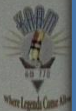
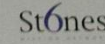
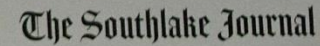
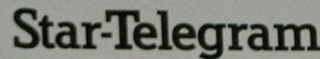
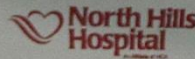


# Welcome to **EMPOWERING SENIORS 2011**



a Health and Lifestyle EXPO for Boomers & Seniors



Chick-fil-A  
Colleyville Courier

Office Depot  
Grapevine Courier

ONCOR Electric Delivery

Texas Eye and Laser Center  
Times-Register

Keller-Citizen

**Presented by Commissioner Gary Fickes, Precinct**

Presented by  
**Commissioner Gary Fickes**  
Tarrant County, Precinct 3



# Campus West

FIRST BAPTIST CHURCH

EMPOWERING

SENIORS

205



# Our Speakers



**Dave Lieber,**  
*Star-Telegram Watchdog Columnist*  
Watchdog Nation: Learn How to Protect Yourself



**Susan Franks, Ph.D.,**  
UNT Health Science Center  
Your Best Brain Now!



**Jennifer Severance, Ph.D. and Cynthia Franklin, Workshop Specialist**  
Texas Healthy Lifestyles – Senior Citizen Serv.  
Take Control of Your Health: Chronic Disease Self-Management





**Gerald Campbell,**  
Fit Start Instructor, Hurst Senior Activities Center  
Fit Start: Exercise for ALL Levels



**Trelisha Brown,**  
Attorney, Texas Legal Services Center  
Medicare and You: Increase Your Power!



**Martha Mabry,**  
Crime Prevention Coordinator, Fort Worth PD  
ID Theft & Fraud

# Health Screenings and Sponsors!



JPS Health Network - *Sponsor*

Blood Pressure Screening

Baylor Regional Medical Center  
at Grapevine - *Sponsor*

Bone Density Screening





**North Hills Hospital - Sponsor**

**Diabetes/Blood Glucose Screening**

**Spine Team Texas - Sponsor**

**Healthy Back and Neck Questionnaire**





# Texas Health Harris Methodist Hospital Hurst-Eules-Bedford - *Sponsor*

## Fall Risk Screening



## Colleyville Lions Club

### Vision





Steven B. Sanders, M.D. – Sponsor

Knee Screening

American Hearing Laboratories

Hearing





# Additional Sponsors



Star-Telegram - Sponsor



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Legends 770 AM KAAM Radio - Sponsor





**Tarrant County Credit Union -  
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**AARP – Sponsor**



**6 Stones Mission Network -  
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**Fletcher Consultants - Sponsor**



**Texas Eye and Laser Center - Sponsor**

**Sponsors Not Pictured**



# Recognition Awards

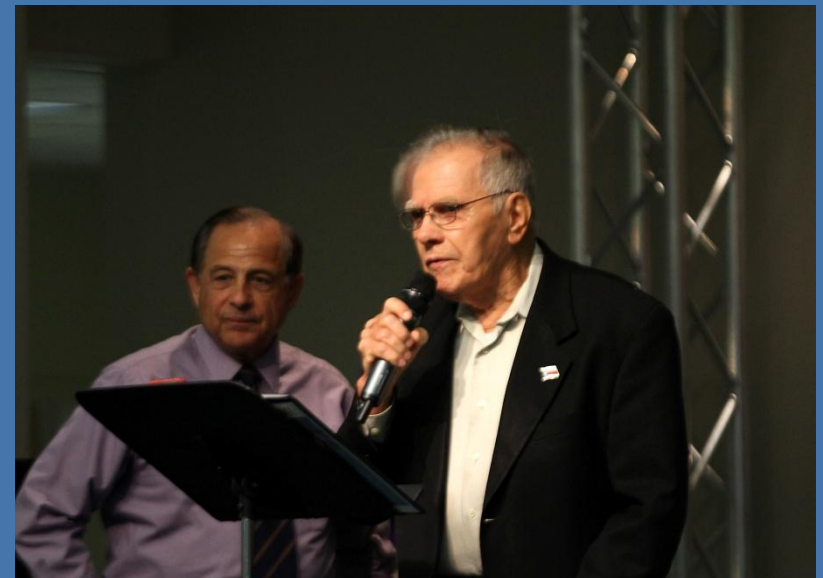


**Faye Beaulieu**

*Recipient of the  
NE Senior Leadership Award*

**Ed Havran**

*Recipient of the  
Leadership Award by  
NE Senior Leadership Forum*





# Vendors and Volunteers











# Entertainment



*Sinatra-Style Vocals*  
Ken Nelson



*Balloonimals*  
Glen Hawkes

*Musical Moments*  
Barbara Janovetz & Jeanette Bailey

*Sing-A-Long Piano Medley*  
Jacqui Finster

(Not Pictured)



*Senior Shimmers of Fort Worth*  
Janice Beckcom



*BINGO*  
Compliments of the  
Community Enrichment Center



*One Man Band*  
Boyce Hunt



# Guests







To all of you...

**SPONSORS**

**VENDORS**

**SPEAKERS**

**VOLUNTEERS**

**ATTENDEES**

Thank you for making  
this event possible!



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We'll see you  
next year!