

## A Twist on Apple Crisp



### Ingredients:

- 5-6 medium Honeycrisp or Granny Smith apples, cored and very thinly sliced
- 1 teaspoon nutmeg
- 1 tablespoon agave or honey
- 1/4 teaspoon cinnamon
- 1/4 cup granola cereal
- Cooking Spray
- 2- 24 oz Greek Plain/Vanilla Yogurt (optional)

### Directions:

1. Combine apples, nutmeg, cinnamon, in a large bowl.
2. Spray a skillet with cooking spray, and place on medium heat,
3. When the skillet is warm, add the apple mixture. Toss the apples until they are warm.
4. Pour the agave or honey over the apples and stir until all apples are coated with the sweetener.
5. Place the apples in serving containers and top with the granola. Serve cold or warm with the yogurt as a topping.

Makes 6 servings



**Tarrant County Public Health**  
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