

# 1998 Behavioral Risk Factor Surveillance System

## Healthcare Access

Percentage of Tarrant County Residents with No Health Care Coverage

Sex	Race		Income	
Male	11.6%	White 10.7%	< \$10,000	26.5%
Female	16.3%	Black 9.8%	\$10-15,000	33.3%
Total	14.4%	Hispanic 38.7%	\$15-20,000	38.1%
			\$20-25,000	30.1%
			\$25-35,000	16.5%

Could Not See Doctor Due to Cost Last Year

Sex	Race		Income	
Male	8.1%	White 9.7%	< \$10,000	29.4%
Female	14.9%	Black 16.7%	\$10-15,000	30.0%
Total	12.2%	Hispanic 20.8%	\$15-20,000	25.4%
			\$20-25,000	18.4%
			\$25-35,000	11.0%

## Health Status

How Tarrant County Residents Describe Their Health

Excellent	25.8%
Very Good	30.6%
Good	29.8%
Fair	10.7%
Poor	3.1%

## Diabetes

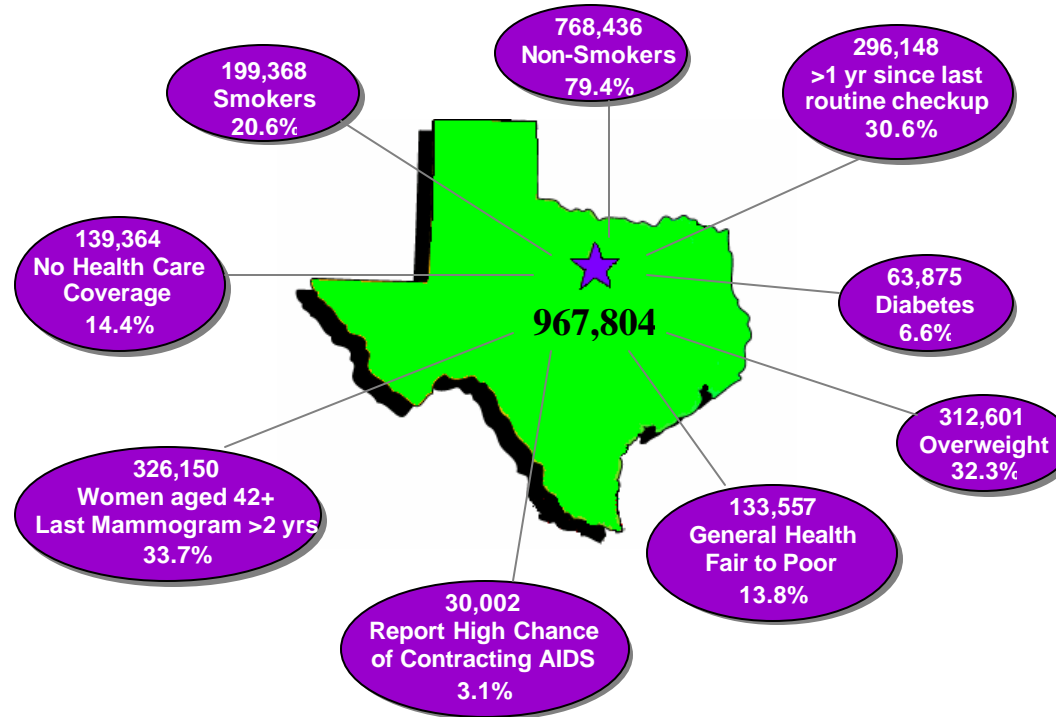
Sex	Race		Income	
Male	7.2%	White 6.2%	< \$10,000	5.9%
Female	6.2%	Black 8.8%	\$10-15,000	20.0%
Total	6.6%	Hispanic 8.5%	\$15-20,000	12.7%
			\$20-25,000	2.9%
			\$25-35,000	4.7%

## Overweight\*

Total	32.3%
Male	29.3%
Female	34.3%
White	29.2%
Black	50.5%
Hispanic	36.9%

\*Based on Body Mass Index, BMI >27.8 Males  
>27.3 Females

## Tarrant County Public Health Department Survey of Tarrant County Residents Showed...\*



\* 1998 Tarrant County Behavioral Risk Factor Surveillance System Telephone Survey of 877 Adults, Aged 18+

\*\* Tarrant County Adult Population, 1998, Aged 18+

## Tobacco

Sex	Currently Smokes Cigarettes	Currently Smokes Cigars
Male	21.9%	8.6%
Female	19.7%	2.5%
Total	20.6%	4.9%

## Mammogram

within 2 years aged 42+

Age	Race		Education	
42-54	75.2%	White 76.7%	Some HS	60.0%
55-64	85.9%	Black 74.2%	HS Grad	75.6%
65+	68.8%	Hispanic 81.0%	College Grad	81.8%

## Pap Smear\* within 3 years

Age	Race		Education	
18-44	94.4%	White 91.3%	Some HS	88.9%
45-64	86.4%	Black 91.1%	HS Grad	91.1%
65+	70.8%	Hispanic 94.4%	College Grad	93.9%

\* Woman with Uterine Cervix

## Leading Causes of Death

for Tarrant County Residents, 1998\*

Causes of Death	Percent of Deaths
1. Diseases of the Heart	29.7%
2. Malignant Neoplasms	22.1%
3. Cerebrovascular Diseases	7.4%
4. Chronic Obstructive Pulmonary Disease	5.1%
5. Accidents and Adverse Effects	4.7%
6. Diabetes Mellitus	3.2%
7. Pneumonia and Influenza	2.6%
8. Suicide	1.6%
9. Chronic Liver Disease & Cirrhosis	1.2%
10. Homicide	1.1%

\*Texas Vital Statistics, 1998, TDH

## Selected Year 2000 Health Objectives

for the Nation: Tarrant County BRFSS data for 1998

Healthy People 2000 Objectives	Year 2000 Target	1998
Overweight* (Objective #1) Age =18	=20%	32.3%
Cigarette Smoking (Objective#3.4) Age =18	=15%	20.6%
Blacks, Age =18	=18%	18.6%
Hispanics Age =18	=18%	18.9%
Safety Belt Use (Always) (Objective#9.12) Age =18	=85%	81.5%
Cholesterol Screening within Preceding Five Years (Objective #15.14) Age =18	=75%	69.8%
Clinical Breast Exam and Mammogram (had within two years) (Objective #16.11) Women age =50	=60%	69.6%
Women age =70	=60%	44.4%
Black women age =50	=60%	52.9%
Hispanic women age =50	=60%	92.3%
Pap Smear, (ever had) (Objective #16.12) Age =18	=95%	94.8%
Age =70	=95%	82.2%
Hispanic women age =18	=95%	90.8%

\*Based on Body Mass Index

For more information:  
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Phone 817.871.7279 Fax 817.212.2513  
<http://health.tarrantcounty.com>  
[www.tdh.state.tx.us/chronicd/test1.htm](http://www.tdh.state.tx.us/chronicd/test1.htm)  
[www.cdc.gov/nccdphp/brfss/](http://www.cdc.gov/nccdphp/brfss/)

## How long since last routine

## Checkup?

Sex	<1year	>5years
Male	61.1%	12.6%
Female	74.7%	4.2%
Total	69.4%	7.5%