



If these goals interest you, here's what you can do to help make things happen:

AS A RESIDENT:

Become an educator!

Educate family, friends and coworkers about important health issues. Inform anyone you can about the possibilities outlined in the Community Health Improvement Plan. This document is for all to use.

Take Action/Get Involved!

Whether you hold a neighborhood meeting about safety, or present the idea of a walking school bus to parents, remember - every effort counts toward improving the health of our community.

Inspire change!

Some simple steps to get involved:

- Pick up the phone and start making calls. If the environment is the issue you care most about, go to the report, look at the potential partners and reach out to them. Find out how you can support the agencies that are involved in carrying out this plan.
- If food security is important to you and your family, participate in your community garden. If your neighborhood does not have an established garden, visit the Tarrant

County Master Gardeners Association website and get the information you need to establish a neighborhood garden.

AS A PUBLIC HEALTH AGENCY OR PARTNER:

Listen!

Review the plan and see how much of your strategic planning reflects the desires of the community you serve.

Innovate and Partner!

Address some of the interventions discussed in the plan. Maybe you already are working on some of the pieces, but need a partner to help complete or enhance the program or service.

Think about what other agencies you can engage to successfully implement some of these interventions.

This plan was not developed to sit on a shelf and collect dust. This plan should be where you can reference it easily and often.

**For more information, call 817-321-5318
or look for this logo at the website
below:**



**TARRANT COUNTY
VOICES FOR HEALTH**

Empowered People Living Healthy in a Vibrant and Safe Community

<http://health.tarrantcounty.com>

Tarrant County

Community

Health

Improvement

Plan

Because Health Matters



The Community Health Improvement Plan

Where and how we live, learn, work and play affects our health. Understanding how these factors influence health is critical for developing the best strategies to address them.

From February 2012 to December 2013, Tarrant County Public Health (TCPH) partnered with more than 100 stakeholders to conduct a comprehensive study of these factors, with the ultimate goal to measurably improve the health of county residents.

This effort included the development of a Community Health Assessment (CHA) to identify the health-related needs and strengths of Tarrant County. It also led to the creation of a Community Health Improvement Plan (CHIP) to determine health priorities, goals, objectives and strategies that can be implemented in a coordinated way across Tarrant County.

The Tarrant County CHIP was developed using key findings from the CHA. It included qualitative data from focus groups, listening sessions and community-wide meetings that were conducted locally, as well as quantitative data from local, state and national indicators to inform discussions and determine health priority areas.

The CHIP illustrates the four priority areas, along with relevant goals that our community -- including residents, businesses, partners, and stakeholders -- can address together.

The CHA and CHIP are accessible at <http://www.tarrantcounty.com/ehealth/site/default.asp>



Priority Area 1: Education

GOAL 1: Progressively influence living and working conditions that have a positive impact on the health and behavior of individuals and communities.

GOAL 2: Develop effective learning opportunities in knowledge, attitude and skills for Tarrant County residents to live in holistic wellness.

GOAL 3: Improve educational, career and vocational opportunities for adolescents.



Priority Area 2: Environment

GOAL 1: Engage Tarrant County residents to increase awareness of opportunities for healthy and safe environments.

GOAL 2: Improve walkability surrounding Tarrant County elementary school neighborhoods.

GOAL 3: Create a more livable community for all throughout Tarrant County.



Priority Area 3: Health Care Access

GOAL 1: Enhance access to high quality health care through health literacy.



Priority Area 4: Partnerships

GOAL 1: Develop collaborative tools to share critical knowledge among key stakeholders and partnerships to assure a comprehensive approach to improving public health.

GOAL 2: Foster effective community partnerships and strategic alliances across the Tarrant County community.

GOAL 3: Increase access to resources across Tarrant County through engagement of key stakeholders in the Tarrant County community to create collective impact.