

Three Bean Salad



Ingredients:

- 1 can garbanzo beans
- 1 can kidney beans
- 1 can white beans
- 1/2 cup light Italian dressing

Directions:

1. Drain and rinse all beans and transfer to a bowl.
2. Add the Italian dressing and stir gently to combine.
3. Refrigerate several hours or overnight. Serve cold.

Makes 8 servings.



Tarrant County Public Health
<http://health.tarrantcounty.com>