

Summer Squash and Tomatoes



Ingredients:

- 1 onion, small
- 1 tablespoon olive or canola oil
- 2 summer squash, sliced
- 1 zucchini, sliced
- 1/4 teaspoon garlic powder
- Salt and pepper to taste (optional)
- 1-14.5 ounce can diced Italian tomatoes
- 2 tablespoons Parmesan cheese, grated

Directions:

1. In a large skillet, heat oil over medium heat.
2. Add squash, zucchini, and onion to the skillet, stirring often.
3. Cook 10 minutes or until tender.
4. Add tomatoes and simmer 5 minutes
5. Season with garlic powder. Add salt and pepper, if desired.
6. Top with Parmesan cheese and serve warm.

Makes 6 servings.



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