

## Celery Logs



### Ingredients:

- 2 tablespoons natural peanut butter or 2 tablespoons fruit-flavored cream cheese
- 4 celery stalks, cleaned and cut into 4 inch pieces
- 1 tablespoon raisins
- 2 tablespoons blueberries, or other fresh berry

### Directions:

1. Spread 1/2 teaspoon peanut butter or cream cheese onto each celery stick.
2. Place raisins on top of the peanut butter, and place berries on top of cream cheese.

Makes 4 Servings



**Tarrant County Public Health**  
<http://health.tarrantcounty.com>