

## Black Bean and Avocado Salad



### Ingredients:

- 1 (15 ounce) can of black beans, rinsed and drained
- 1 (12 ounce) can of corn, rinsed and drained
- 2 avocados, peeled and diced
- 1 medium tomato, diced
- 4 green onions, thinly sliced
- 1 small jalapeno, seeded and diced

### Dressing

- 2 teaspoons of lemon or lime juice
- 1 tablespoon red wine vinegar
- Salt and Pepper to taste
- 1 tablespoon olive oil

### Directions:

1. In a large bowl, mix first six ingredients together.
2. Whisk together ingredients for dressing. Pour dressing over salad and toss to coat.
3. Cover and refrigerate for at least one hour prior to serving. Stir prior to serving.

Makes 3 Servings



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