

TEEN VIDEOFEST 2021

Need Ideas?

Can't think of where to begin? Having trouble deciding which topic(s) to choose? You've come to the right place. Here's a list of questions and resources to help you get started, **but** there are plenty of other questions and resources to consider than the ones listed here.

Tip: Don't forget to talk about statistics and solutions to your chosen topic(s)!

COVID-19

COVID-19 AND MENTAL HEALTH

- How has the pandemic affected teenager's mental health?
- What are ways that teenagers can stay mentally healthy during the pandemic?
- How does increased screen time during the pandemic affect mental health?
- How has virtual school affected mental health?

COVID-19 PREVENTION

- How can teenagers help prevent COVID-19 from spreading?
- Are the current prevention measures good or should there be changes?
- How does virtual school prevent COVID-19 from spreading?
- What role does the COVID-19 vaccination play in preventing the spread of the disease?
- What makes the mRNA vaccines different than other vaccines?

SOCIAL JUSTICE

RACIAL JUSTICE

- What is racial justice and/or injustice?
- What are the different types of racism and how does it affect various racial/ethnic groups?
- What is social justice and its link to racial injustice?
- What methods can be used for social change?
- What are the responsibilities of an individual regarding issues of racial justice?
- What can teenagers do to promote racial justice in schools, communities, and amongst family and friends?
- What role does microaggressions, unconscious bias, and discrimination regarding race?
- How does racial justice issues affect health, especially teenage health?

VIOLENCE PREVENTION

- What is the relationship between social justice and violence?
- What are the different types of violence?
- What are the differences between a mob and a protest?
- What are the factors that contribute to violence?
- What can teenagers do to prevent violence?
- Which types of violence affects teenagers most?
- Are there ways that adults can help prevent teen violence?
- What is the impact of watching repeated violence on health?

WEBSITES

- www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/caring-for-children.html
- <https://www.cdc.gov/violenceprevention/youthviolence/fastfact.html>
- www.teenshealth.org
- www.healthychildren.org
- www.youth.gov

If you have any questions, please email TeenVideoFest@tarrantcounty.com or call 817-321-5930.

Thank you and good luck!



1101 S. Main Street, Fort Worth, TX 76104 • Phone: 817-321-5930
Email: teenvideofest@tarrantcounty.com • Website: teenvideofest.tarrantcounty.com
Facebook: @TCPHTeenVideofest