

COLD WEATHER HEALTH & SAFETY TIPS

HOME SAFETY



- * Whenever extreme cold weather is predicted, check and replenish your emergency supplies, including a minimum 3-day supply of non-perishable food and water.
- * Set your thermostat to at least 65 degrees.
- * Never use an oven to heat your house.
- * If using a fireplace or wood stove, make sure it is properly ventilated.
- * Install a smoke detector and a battery-operated carbon monoxide detector near the area that will be heated by a fireplace, wood stove, or kerosene heater.
- * Take these precautions when using a portable heater:
 - > Be sure the cord is not a tripping hazard; do not run the cord under carpets or rugs.
 - > Never use an extension cord with a portable heater, and be sure it is at least 3 feet away from anything that may catch on fire, including drapes, furniture, bedding or rugs.
 - > Store a dry-chemical fire extinguisher near the area where you are using a portable heater.
 - > Turn the portable heater down or off when you are sleeping, and never leave a portable heater on when no one is home.
- * Never use generators, charcoal or gas grills, or similar devices indoors.
- * Never leave lit candles unattended.
- * Bring pets indoors or provide adequate shelter which will keep them warm; be sure they have access to unfrozen water.